



APNA New Mexico Chapter

APNA New Mexico Chapter Virtual Conference 2026: Psilocybin Treatment Update

APNA and APNA New Mexico
Chapter are providing this
activity

Saturday, August 29, 2026
8 AM to 12 PM MDT

Virtual via Zoom

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

1.5 non-pharmacological, 0.75 pharmacological ANCC Nursing Continuing Professional Development (NCPD) contact hours available

Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA New Mexico Chapter of any commercial products displayed in conjunction with this activity.

The views and opinions expressed in this content are those of the presenters and do not necessarily reflect the official policy or position of the American Psychiatric Nurses Association.

Program Information

Title: APNA New Mexico Chapter Virtual Conference 2026: Psilocybin Treatment Update

Description: Half-day virtual conference on the Medical Psilocybin Act in New Mexico and updates on the use of psilocybin to treat psychiatric conditions.

Target Audience: Psychiatric nurses, nurse practitioners, physicians, psychologists, social workers, mental health counselors, and others working with patients who are interested in understanding more about medical psilocybin.

Keynote/Speakers/Bios:

Dominick Zurlo, PhD, keynote speaker, is the Director of the Center for Medical Cannabis and Psilocybin in the New Mexico Department of Health. He has worked in the fields of substance use and Public Health for over 30 years. Since 2008, he has worked at the New Mexico Department of Health in Harm Reduction and Overdose Prevention including naloxone distribution, establishing the medical cannabis program, and currently, establishing and implementing the medical psilocybin program.

Ellen Schimmels, PhD, DNP, PMHNP-BC, CNE, FAAN, presenter, is a Clinical Professor at Emory University, therapist for the Group Psilocybin-Assisted Therapy (GPAT) for PTSD study at University of New Mexico (UNM), and Clinician at Hear to Help®. She is also a fellow in the University Psychedelic Education Program (U-PEP). With 28 years of nursing experience, 23 years active duty in the Army with combat tours in Iraq and Afghanistan, 19 years as a PMHNP; her scholarship includes PTSD and anxiety evidence-based therapies, psychedelic assisted therapy, tele-mental health care, trauma informed care, mental health policy, nursing curriculum development and competency-based education, military nursing, nurse suicide prevention, and organizational well-being.

Monica Ramunda, MA, LPC, presenter, has been working in the mental health community since 1993. She received a BA from the University of Colorado at Boulder specializing in psychology, and a Master's degree from the University of Colorado at Denver in Counseling Psychology, focusing on family and child/adolescent work. She has completed an intensive psychedelic-assisted therapy training program at the Integrative Psychiatry Institute in Boulder Colorado. She is a Licensed Professional Counselor (LPC) in the State of Colorado, as well as a Certified Play Therapist.

Disclosure Info

The planners and presenters have no relevant financial relationships to disclose.

Off-label uses will be discussed in this presentation, specifically the use of psilocybin, a Schedule I drug. The New Mexico Medical Psilocybin Act of 2025 allows for the implementation of a medical psilocybin program by the New Mexico Department of Health.

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Program Outcomes

All learners will be able to:

1. Describe the plans for the implementation of the Medical Psilocybin Law in New Mexico.
2. Identify one strategy for the use of psilocybin in the treatment of a psychiatric condition.

Chapter Involvement

If you are interested in attending a meeting or becoming involved, contact Jennifer Schneider at Jennifer.s.schneider12@gmail.com or Chapter Support at chaptersupport@apna.org.

Chapter Information:

www.apna.org/newmexico

Activity Agenda

Day/Date	Activity
8:00-9am	Keynote: Psilocybin in New Mexico: Past, Present and Future, Dominick Zurlo, PhD, Director, Center for Medical Cannabis and Psilocybin
9:15-10am	Building Clinical Capacity for Psilocybin Care in New Mexico, Ellen Schimmels, PhD, DNP, PMHNP-BC, CNE, FAAN Professor, Emory University
10:15-11am	Psilocybin in Therapeutic Practice, Monica Ramunda, MA, LPC, Therapist for Rocky Mountain Counseling Services and Sacred Healing Journeys
11:15am-12pm (contact hours not provided)	Panel Discussion: Nursing Role in Development of Psilocybin Practice in NM, Monica Ramunda, Ellen Schimmels, Maureen Kolomeir, MBA, MSN, APRN PMHNP-BC, and Breawanna Wunder, MSN, PMHNP-BC

Rates

CATEGORY	RATES
Student	\$40
Regular Member	\$50
Regular Non-member	\$60

Register now: <https://e-learning.apna.org/products/apna-new-mexico-chapter-conference-2026>

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by 08/27/2026 for a refund minus a \$10 fee. No refunds will be issued after 08/27/2026.