

Program Description: This conference will explore a variety of populations which require specialized psychiatric nursing skills and medication management.

Target Audience: Psychiatric Nurses and Advanced Practice Nurses.

Keynote Speakers

Dr. Jenny Bernard, DNP, MBA, MSN, APN-BC
VP of Women & Community Health Quality
Director: First thirty and QIP-NJ Programs
Assistant Professor
Hackensack Meridian

Dr. Lauren Herlihy, PhD:
Director, Autism Psychology
Hospital for Special Care

Megan Ferguson MSN, RN
EmPATH Unit
Overlook Medical Center

Megan Filoramo MSN, RN-BC, APRN-BC, PGMT-BC, AP-PMN, IHWNC-BC
Pain management specialist and Nurse Coach
Morristown Medical Center

Samantha Harrington, MSN, RN, PMH-BC

Program Outcomes:

- Participants will recognize the behavioral and medication needs of psychiatric patients who require specialized attention to those needs and will implement modalities to improve patient outcomes.
- Nurses at all levels of practice will identify leadership opportunities and strategies to enhance professional outcomes for our patients.

APNA NJ Chapter Information

The APNA NJ Chapter currently has over 400 members. Our primary focus is networking, education, and advocacy for psychiatric mental health care.

Upcoming Meetings

The APNA NJ Chapter has regularly scheduled open board meetings for all APNA NJ Chapter members. Please check the APNA New Jersey Chapter Member Bridge and your emails for upcoming meeting notifications.

Chapter Leaders

President: Donna Pink, DNP, RN, PMH-BC CARN

President Elect: Samantha Harrington, MSN, RN, PMH-BC

Immediate Past President: Susan Gray, DNP, APN

Secretary: Sharon Thomas BSN, RN, PMH RN

Treasurer: Susan Adams, MSN, APN, RN, PMHNP-BC

Board Members at Large:

Robert Trautz, BSN, RN

Ravinder Tung, MSN, RN, PMH-BC

Christopher Stephan -Jones, MSN, RN, PMHNP-BC

Board Volunteer:

If you are interested in attending a meeting or in becoming involved contact Donna Pink at 646-295-7664 or via email at pinkdo@uhnj.org

APNA

Membership/Continuing Education

If you are interested in becoming a member of APNA or to view our continuing education, please visit our website at <http://www.apna.org>

Breaking Barriers:

Combating Stigma and Implicit Bias with Empathy in Psychiatric Nursing

APNA and APNA New Jersey Chapter are providing this activity.

Thursday, May 1, 2025

9:00 am – 5:00 pm

Registration, Breakfast/Coffee starts at 8:00 am

The Molly Pitcher Inn

88 Riverside Ave.

Red Bank, NJ 07701

*The Molly Pitcher will make rooms available April 30, 2025, at a discount rate



DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

Disclosure

The speakers and planning committee members have no relevant financial relationship with ineligible companies to disclose.

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

ANCC Nursing Continuing Professional Development (NCPD) contact hours are pending for this activity.

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA NJ Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

Thursday, May 1, 2025

- 8:00 - 9:00 am** Registration, coffee/breakfast
- 9:00 - 9:15 am** Opening remarks
- 9:15 - 10:15 am** Empathy in Action: Integrated Care for Behavioral Health and Social needs
- 10:15 - 10:30 am** Break
- 10:30 - 11:30 am** Assessing and Managing Suicide Risk in Individuals with Autism Spectrum Disorder
- 11:30 - 1:15 pm** Poster review and lunch
- 1:15 - 2:15 pm** An Introduction to New Jersey's first EmPATH Unit
- 2:15 - 3:15 pm** Trauma Informed Approach in Nursing Leadership: Reducing Stigma Starts with Me
- 3:15 - 3:30 pm** Break
- 3:30 - 4:30 pm** When Empathy Fades and Internal Stigma Rises: Tools to Restore Your Own Homeostasis
- 4:30 - 5:00 pm** Wrap up, evaluations and poster winners

We are welcoming a poster session for Psychiatric Research and Quality Improvement. Posters will be judged by attendees and awards will be given to the top three posters. Details to be provided on the Community Forum page.

Further information will be provided upon registration for the conference.

REGISTRATION

Member ID (If Applicable)

Name

Address

State

Zip

Phone Number

Email

Early Bird Pricing ends April 1st

___ Early Bird \$115

___ APNA Members \$130

___ Nonmembers \$140

___ Students*/Military \$75

*nonmember students should use code "NJSTUDENT1" to receive the discounted rate.

ONLINE PAYMENT IS AVAILABLE:

<https://myaccount.apna.org/i4a/pages/index.cfm?pageID=3308>

CHECK PAYMENT

Please make checks payable to "APNA NJ Chapter" and mail to:

APNA

Attn: Chapter Support

PO Box 70525

Philadelphia, PA 19176-9943

DEADLINE APRIL 25, 2025

There will be no onsite registration available.

The Molly Pitcher Inn will be offering discounted room rates for Wednesday April 30, 2025