

Program

Discovery Builds Connection

Description

This activity aims to address the critical need for fostering meaningful connections among nurses, which can significantly enhance both professional collaboration and patient care.

Target Audience

Psychiatric nurses, nurses, advanced practice nurses, nursing students

Keynote Speaker: Lori Sullivan

Lori has nearly 40 years as a RN with primary focus in Behavioral Health nursing and has held several leadership positions within the system over the span of the past 30 plus years. She is a graduate of the Leadership Greater McHenry County program and participant on their alumni committee. Additionally, she is a board member of a domestic violence program in her community.

Program Outcome

Participants will be able to identify and implement strategies to foster meaningful connections among nurses, leading to improved professional collaboration and enhanced patient care.

Chapter Information

Chapter Leaders

President:

Judith Pasternack, BSN, RN, NPD-BC

President-Elect:

Vacant

Immediate Past President:

Kelly Bryant, MS, BSN, NPD-BC, NEA-BC

Secretary:

Nancy Rogers, MS, RN, PMH-BC, NPD-BC,
CASAC-M, CRADC

Treasurer:

Gina Malfeo-Martin, MSN, PMH-BC

Members-At-Large:

Vicki Freier, RN, MS, BSN

Lexus Soristo, BSN, RN

Alyse Flury, DNP, MS, RN

Christopher Reddin, PhD, APRN, PMHNP-BC

Chapter Involvement

If you are interested in attending a meeting or in becoming involved contact Judy Pasternack at JPast123@comcast.net.

Visit Our Website

<https://www.apna.org/chapters/illinois-chapter/>

APNA Membership/Continuing Education

If you are interested in becoming a member of APNA or to view our continuing education, please visit our website at <http://www.apna.org>.

Discovery Builds
Connection
APNA & APNA Illinois
Chapter are providing this
activity

April 4th, 2025
8am – 5pm

Rosalind Franklin University
3333 Green Bay Road
North Chicago, IL

For Additional Information Contact:
Gina Malfeo-Martin, MSN, PMH-BC
Gmalfeomartin@comcast.net



DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

The presenters have no relevant financial relationships to disclose. Off-label uses will not be discussed in this presentation.

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

5.5 NCPD contact hours and 1 NCPD psychopharmacology hours, for a total of 6.5 NCPD contact hours, will be awarded.

Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA IL Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

Friday, April 4th, 2025

7:30am: Check in, Breakfast, Exhibitors

8:30–8:45am: Welcome: APNA IL Chapter President

8:45–9:15am: Commemorating Nurses' Service at Funeral and Memorial Services

9:15-10:15am: Keynote Speaker

10:15-10:30am: Break & Exhibitors

10:30-11:30am: Journey to Increasing Health Equity: Elgin Mental Health Center

11:30am-12:30pm: Remember to Use All Your Tools: Caring for Persons with Severe Mental Illness

12:30-1:15pm: Lunch & Exhibitors

1:15-2:15pm: The Grind of Grief

2:15-3:15pm: Unipolar or Bipolar: That is the Question

3:15-3:30pm: Break & Exhibitors

3:30-4:00pm: Research Grant: Suicide Risk Reduction

4:00-5:00pm: Knowing the Why and the How: Staying Connected to Self

5:00-5:05pm: Closing & Evaluations

A Special "Thank-You" to Rosalind Franklin University for donating the meeting room.

REGISTRATION

APNA Member ID

First Name

Last Name

Address

City

State

Zip Code

Cell Phone

Email Address (required)

Select Rate

Select (x)	Category	Rate
	APNA Member	\$89
	Non-Member	\$109
	Students*	\$25

****nonmember students should use code "ILSTUDENT" to receive the discounted rate.**

Register online:

<https://myaccount.apna.org/i4a/pages/index.cfm?pageID=3309>

Check Payment

Please make checks payable to "APNA Illinois Chapter" and mail to:

**Chapter Support
APNA
PO Box 70525
Philadelphia, PA 19176-9943**

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by March 27 for a refund minus a \$25 fee. No refunds will be issued after March 27.