

Program

2025 APNA New Mexico Chapter State Conference

Description

Presentations and discussions of current trends and future opportunities in Psychiatric Nursing in New Mexico.

Target Audience

Registered Nurses, Advanced Practice Nurses, other Behavioral Health Providers, and anyone seeking more information about mental health in New Mexico.

Keynote Speaker/Bio

JoEllen "Ellen" Schimmels, PhD, DNP, RN, PMHNP-BC, ANPBC, CNE, FAAN Dr. JoEllen "Ellen" Schimmels is a psychiatric mental health nurse practitioner at the New Mexico VAHCS working in the Outpatient Mental Health Clinic. Most recently she was the DNP Program Director at the University of New Mexico and previously the Program Director for the PMHNP Program at Uniformed Services University in Bethesda, MD. With over 25 years of nursing experience, 23 years active duty in the Army, her scholarship includes PTSD, OCD, anxiety evidence-based therapies, telehealth care, trauma informed care, behavioral health policy, nursing curriculum development, and military nursing.

Program Outcomes

- Understand the current state of the science on the use of Esketamine in the outpatient setting
- Understand and apply concepts of trauma and trauma-informed collective care concepts and practice.
- Understand and apply concepts of nurse entrepreneurship and professional growth in the field of psychiatric-mental health nursing.
- Understand concepts of and implement de-prescribing practices in psychiatric-mental health nursing care.
- Understand and implement the use of integrative medicine and whole-health concepts in psychiatric-mental health nursing care.
- Implement the use of environmental safety assessments in inpatient psychiatric settings.
- Understand and apply concepts of PTSD therapy and SANE protocols/practices.

Chapter Information

Chapter Board Leaders

President: Wesley Hogsett BSN, RN
President-Elect: Debra Day PMHNP-BC
Secretary: Barbara Gilmore PMH-NP-BC
Treasurer: Molly Faulkner PhD, PMHNP, LCSW

Chapter Board Members

Angela DelGrande PhD, PMHNP-BC, CNS
Maureen Kolomeir MBA, MSN, APRN, PMHNP-BC
Frances Kathleen Lopez-Bushnell APRN, EdD, MPH, MSN
Dawnelle Romero-Baca DNP, PMHNP-BC
Jennifer Schneider PhD, PMHNP-BC

Chapter Involvement

If you are interested in attending a meeting or in becoming involved, please contact chaptersupport@apna.org.

<https://www.apna.org/chapters/new-mexico-chapter/>

<https://www.facebook.com/AmericanPsychiatricNursesAssociation>

<https://www.facebook.com/people/APNA-New-Mexico-Chapter/61560884826365/>

https://www.instagram.com/apna_nmchapter

APNA Membership/Continuing Education

To learn more about APNA membership and continuing education opportunities, please visit our website at <http://www.apna.org>.

Already a member? Visit APNA Member Bridge for chapter updates and information.

2025 American Psychiatric Nurses Association (APNA) New Mexico Chapter State Conference



**July 19, 2025
8:00 AM-4:30 PM**

**Domenici Center for
Health Sciences Education
1001 Stanford Dr. NE
Albuquerque, NM**

DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

Disclosure

The conference planners and presenters have no conflicts of interest to disclose. Off-label uses will be discussed in this presentation.

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

ANCC Nursing Continuing Professional Development (NCPD) contact hours are pending for this activity.

Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA New Mexico Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

Saturday, July 19, 2025

07:30-08:00: Check in and Registration/Continental Breakfast

08:00-08:15: Chapter President Address

08:15-10:15: Contextual Trauma Theory and Evidenced Based Practices for Sexual Assault Survivors

10:15-10:30: Break

10:30-11:30: New Mexico Legislative Update*
*no contact hours will be provided for this presentation

11:30-12:30: Lunch/Professional Development

1230-1:30: Keynote Speaker

1:30-2:15: Concurrent Sessions

- Whole Health
- De-prescribing

2:15-2:30: Break/Snacks

2:30-3:15: Concurrent Sessions

- Outpatient Esketamine
- Integrative Medicine

3:15-3:30: Break/Snacks

3:30-4:15: Concurrent Sessions

- Private Practice
- Mental Health Environment of Care

4:15-4:30: Closing Statements/Evals

Special thanks go to
The University of New Mexico Health Sciences
Center for providing the conference space.

REGISTRATION

Category	Rate
APNA Member Early Bird*	\$100.00
Non-Member Early Bird*	\$120.00
APNA Member Regular	\$130.00
Non-Member Regular	\$150.00
Full-Time Student	\$70.00

***Early registration closes on July 12, 2025**

Register Now:

<https://myaccount.apna.org/i4a/pages/index.cfm?pageID=3313>

Registration closes July 17, 2025

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by July 17, 2025 to receive a refund minus a \$20 fee. No refunds will be issued after July 17, 2025.