

# APNA Michigan Chapter Conference 2025

**FRIDAY, MAY 16  
PRE-CONFERENCE**

Hope Network Education  
Center 775 36th St SE,  
Grand Rapids, MI 49548  
3:00 PM - 7:00 PM

**SATURDAY, MAY 17  
CONFERENCE**

Pine Rest Postma Center  
300 68th St SE Bldg C,  
Grand Rapids, MI 49548  
8:00 AM - 5:00 PM



APNA  
Michigan  
Chapter

APNA and APNA Michigan  
Chapter are providing this activity

## CONFERENCE INFORMATION

Join the Michigan Chapter of the APNA for a weekend of continuing education and networking.

Friday's pre-conference features training in assessing and managing suicide risk.

Saturday features our traditional program of podium and poster presentations and the opportunity to interact with industry vendors and network with your fellow Michigan PMH nursing community.

### LEADERS

President: Daniel Chapman, BA, ADN, RN

President-Elect: Erin Micale-Sexton, MSN, RN-BC

Immediate Past President: Dawn Goldstein, PhD, RN, PMHNP-BC

Secretary: Dave Vander Ark DNP, MSN, RN, PMH-BC

Treasurer: Allison Rademacher RN, PMH-BC

Members-at-Large:

Suzanne Luggner, DNP, RN, FNP-BC, PMHNP-BC

Zachary McAllister MSN RN CNL,

Umeika Stephens, DNP, PMHNP-BC, FNP-BC

Jennifer McConnell, BA, DNP, RN, FNP-C, PMHNP-BC

Gretchen Johnson, DNP, MSN, RN-BC PMHNP-BC

Christina Steward, MSN, RN, PMH-BC

[www.apna.org/Michigan](http://www.apna.org/Michigan)

### CONFERENCE COMMITTEE

Chair: Daniel Chapman

Elizabeth Sweet

Michelle Woody

Kristen Munyan

Dave Vander Ark

Gretchen Johnson

Christina Steward

Suzanne Luggner

TARGET AUDIENCE: RN & APRNs

PROGRAM OUTCOMES: At the end of the conference, the learner will be able to identify one change in behavior, knowledge, skill, and/or practice learned from conference presentations.

### DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION DISCLOSURE

The speakers and planning committee members have no relevant financial relationship with ineligible companies to disclose.

### NURSING CONTINUING PROFESSIONAL DEVELOPMENT

*Pine Rest Christian mental health services designates this live event for a maximum of seven (7) contact hours. Learners must attend the whole session and complete/submit the evaluation form to receive credit.*

### ACCREDITATION

Accreditation of the nursing continuing development activity does not imply endorsement by Pine Rest, ANCC or the APNA Michigan Chapter of any commercial products displayed in conjunction with this activity

*Pine Rest Christian Mental Health Services is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

## ACCOMODATIONS:

Rooms are reserved at the Hampton Inn Grand Rapids South at a discounted rate. Reserve online using [this link](#) or the QR code below. Rates guaranteed through April 21st.



## AGENDA - MAY 16:

Join other members of the Michigan Chapter for an afternoon program in *Assessing and Managing Suicide Risk (AMSR)* training provided through a collaboration with Hope Network.

This training is targeted at direct care professionals in inpatient settings, though clinicians of all roles and settings can benefit from improved suicide risk assessment.

**AMSR Training takes place from 3-7pm at the Hope Network Education Center**

## AGENDA - MAY 17

08:00-08:15 Welcome

08:15-09:15 Keynote Address: Unpacking the Past: The Role of Psychiatric Nurses in Reconciling Historical Biases Against Sexual and Gender Minorities, Justin Hooks, MSN, APRN, FNP-BC, HIV PCP, CCEMT-P I/C

09:40-10:30: Biopsychosocial Spiritual Model of Care. Joe Karb, MSN, CENP

10:35-11:25 Understanding Premenstrual Dysphoric Disorder: How to Identify, Educate, and Treat. Elizabeth Sweet, MSN, PMHNP-BC

11:30-12:30 Product Theater Lunch  
*sponsored by Lundbeck Pharmaceuticals*

12:35-1:25 Nurse, Know Thyself. Real Ways to Transform the Workplace, Help our Patients, and Change the World. It Begins with Us. Leigh Anne Latham, BSN, RN.

1:30-1:50 Afternoon Coffee Break & Product Theater  
*sponsored by Axsome Therapeutics*

1:55-2:45 Increasing Patient Portal Use on a Psychiatric Medical Unit. Elyse Paxson, MSN, RN, CNL, PMH--BC & Casie Sultana, MSN, RN, CNL, PMH-BC

2:50-3:40 Going Beyond Stabilization: Inpatient and Outpatient Treatment for Severe Aggressive Behaviors in Developmental Delays. Karoline Kenville, MA, BCBA, LBA - Ph.D candidate & Roxanne Gayle, Ph.D, BCBA, LBA

3:45-4:35 Psychedelics, Ketamine and the Role of the Nurse. Dawn Miller BSN, RN-BC, Brittany Spoolstra BSN, RN, PAT & Donna Ecklesdafer MSN, BSN, RN-BC

4:35-4:45 Conference Closing

*Brief titles provided, sessions subject to change*

## REGISTRATION

APNA Member	\$85.00
Non-member	\$125.00
Full-time Student*	\$50.00
Friday AMSR Training	\$20.00

***\*\*Students will need to bring a Student ID/form of verification to present at registration on the day of the conference.***

## REGISTER NOW!



A special thanks to Lundbeck Pharmaceuticals & Axsome Therapeutics for their sponsorships.

*Cancellation Policy: The cancellation deadline is **May 6, 2024**. Cancellations must be submitted in writing to [chaptersupport@apna.org](mailto:chaptersupport@apna.org) and will be forwarded to the Chapter for review and approval. Refunds will be processed minus a \$20 administrative fee. There will be no refunds after the deadline.*