

APNA New England Chapter 2026 Leadership

President: Jennifer Ramirez
Immediate Past President: Donna McDonald
President Elect: Islane Louis
Secretary: Natalie Correia
Treasurer: Valerie Seney
Regional Representative: Karen Chesley

Keynote address:

Dr Ogukkuo Olla: *Augmenting Intelligence*

Dr. Phillip Olla is an educator, innovator, and entrepreneur at the intersection of academia, healthcare, and technology. With over two decades of professional experience, he currently serves as an Associate Professor at the University of Detroit Mercy and the Executive Director of the Center for Augmenting Intelligence.

Dr. Olla earned his doctorate in Information Systems and has authored seven books and more than 60 scholarly publications. His pioneering work in Breathomics integrates exhaled breath analysis with artificial intelligence represents a paradigm shift in medical diagnostics. He is also the inventor of two patented innovations in the fields of AI and Breathomics, both of which are currently in the patent approval process.

As Founder and Executive Director of the Center for Augmenting Intelligence, Dr. Olla is dedicated to advancing AI-driven solutions in education and urban healthcare, ensuring that cutting-edge technologies are harnessed to address real-world challenges. He has been invited to speak at prestigious global organizations, including the United Nations and the World Health Organization, highlighting his role as a thought leader in the responsible integration of AI into society.

Dr. Olla is also a founding member and Vice Chair of the MedHealth Consortium, where he continues to foster collaboration across academia, industry, and healthcare to drive innovation and improve outcomes. His unwavering commitment to technological innovation and health equity exemplifies his reputation as a visionary leader in both academic and professional realms.

Jonathan Burgess, MD, MPH- Classical Psychedelics and Ketamine in the Treatment of Depression: Mechanism and Efficacy

Dr. Burgess is Clinical Assistant Professor in the Lifestyle Psychiatry Clinic at Stanford University School of Medicine. He has published three academic book chapters on diet and lifestyle interventions for psychiatric disorders and is co-author of The Culinary Medicine Textbook: Psychiatry, Food & Mood. Dr. Burgess is co-author of the Lifestyle Interventions for Depression module of the American College of Lifestyle Medicine certification course. He graduated from the University of Pennsylvania, received a Doctor of Medicine from Geisel School of Medicine at Dartmouth, and a Master of Public Health from Columbia University Mailman School of Public Health.

Leslie Citrome, MD, MPH –Driving Toward Better Schizophrenia Care: Finding another route in a complex disease with Long-Acting Injectable Medications

Clinical Professor of Psychiatry and Behavioral Sciences at New York Medical College Valhalla, NY. He is a distinguished life fellow of the American Psychiatric Association and a fellow of the American Society of Clinical Psychopharmacology, where he currently serves as immediate past president.

Megan Hudson, MSN, PMHNP-BC – Psychosis in Context: Clinical Decision-Making in Substance-Induced Psychotic Disorders

Meg is a clinical nurse educator with Boston Medical Center's Grayken Center for Addiction Training and Technical Assistance and a psychiatric mental health nurse practitioner at Boston Medical Center.

Samantha Cella APRN

Samantha Cella, she is based out of the Family Medicine clinic at Boston Medical Center.

J. Aleah Nesteby, RN, MSN, NP (she/her): The Role of Nurses in providing Gender-Affirming Care. Aleah is a family nurse practitioner at Transhealth in MA. She has 20 years of experience in providing excellent gender affirming healthcare to the transgender community in New England. She teaches and trains NP, PA, and medical students, and she serves as an expert peer consultant for Transline.



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APNA New England Chapter Spring Conference 2026

Emerging Innovative Treatments in Psychiatric Nursing

FRIDAY MAY 1, 2026
8:00 AM to 5:00 PM

at

Mystic Hilton
20 Coogan Blvd
Mystic, CT 06355

Conference Chairs:
Jennifer Ramirez
Jen.e.ramirez@gmail.com
Lisa Williams
lisawilliamsaprn@gmail.com



CONTINUING NURSING EDUCATION AND DISCLOSURE INFORMATION

DISCLOSURE

The speakers and planning committee members have no relevant financial relationship conflicts of interest with ineligible companies to disclose.

Discussion of off-label uses (using products for a purpose other than that for which it was approved by the Food and Drug Administration) will occur during this presentation.

NURSING CONTINUING PROFESSIONAL DEVELOPMENT

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form. You will receive a CE Certificate for contact hours as you leave the conference. Partial credit is not able to be awarded.

ANCC Nursing Continuing
Professional development (NCPD)
Contact hours are pending for this activity.

Accreditation of the continuing education activity does not imply endorsement by APNA, ANCC or the APNA New England Chapter of any commercial products displayed in conjunction with this activity.

*The American Psychiatric Nurses Association is
accredited as a provider of continuing nursing education
by the American Nurses Credentialing Center's
Commission on Accreditation*

AGENDA

8a - 8:45a	Registration, Vendors, & Coffee/Pastry
8:45a - 9:00a	Conference Welcome
9:00a - 10:00a	Keynote Speaker
10:00a - 10:15a	Poster/Coffee/Vendors
10:15a - 11:30a	Session 2
11:30a - 12p	Poster/Coffee/Vendors
12:00p – 12:45p	Sponsored Lunch
12:45p-1p	Posters and Vendors
1:00p – 2:00p	Session 3
2:00p-2:30p	Snacks/Posters/Vendors
2:30p -3:30p	Session 4
3:30p – 4:15p	Session 5
4:15p - 4:30p	Summary and Evaluations.
4:30p-5:00p	Chapter Meeting

Session 1: Keynote – Dr. Phillip Olla

Artificial Intelligence

Session 2: Jonathan Burgess, MD, MPH

Psychedelics

Session 3: Leslie Citrome, MD, MPH

*Driving Toward Better Schizophrenia Care:
Finding Another Route in a Complex Disease
with Long-Acting Injectable Medications*

Session 4: Megan Hudson, MSN, PMHNP- BC & Samantha Cella APRN

Drug induced Psychosis

Session 5: J. Aleah Nesteby, RN, MSN, *The role of Nurses in Providing Gender- Affirming Care*

*Our semi-annual membership meeting will follow at a dinner meeting

Hotel Registration Link:

<https://group.hilton.com/qnu5ge>

Group Rate is applied when you click on the link- Book by Tuesday, March 31, 2026.

Select (x)	Category	Rate
	APNA Member	\$160.00
	Early Bird APNA Member	\$140.00
	Non-Member	\$180.00
	Early Bird Non-Member	\$170.00
	Student Member	\$75.00
	Early Bird Student Mem.	\$50.00
	Group of 5 or more	\$130.00 pp

*EARLY BIRD REGISTRATION ENDS
APRIL 15, 2026*

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by April 15, 2026 for a refund minus a \$15 processing fee.

Online registration:

<https://myaccount.apna.org/i4a/pages/index.cfm?pageID=3329>

***On-site Registration will be available**

**Program is reviewed by the APNA nurse planner in order to determine how many contact hours you will be awarded.*