

Program

2024 APNA New Mexico Chapter State Conference

Description

Presentations and discussions of current trends and future opportunities in Psychiatric Nursing in New Mexico.

Target Audience

Registered Nurses, Advanced Practice Nurses, other Behavioral Health Providers, and anyone seeking more information about mental health in New Mexico.

Keynote Speakers/Short Bio

JoEllen "Ellen" Schimmels, PhD, DNP, RN, PMHNP-BC, ANP-BC, CNE, FAAN

Dr. JoEllen "Ellen" Schimmels is a psychiatric mental health nurse practitioner at the New Mexico VAHCS working in the Outpatient Mental Health Clinic. Most recently she was the DNP Program Director at the University of New Mexico and previously the Program Director for the PMHNP Program at Uniformed Services University in Bethesda, MD. With over 25 years of nursing experience, 23 years active duty in the Army, her scholarship includes PTSD, OCD, anxiety evidence-based therapies, telehealth care, trauma informed care, behavioral health policy, nursing curriculum development, and military nursing.

Program Outcomes

- Implement the use of and evaluate the impact of providing trauma informed care
- Implement treatments for special populations with mental health diagnoses
- Understand the current state of the science on the use of Long Acting Injectables and Ketamines/Esketamine
- Understand and apply the concepts of self-care as a means of reducing burnout in healthcare workers
- Understand and apply the concepts of Motivational Interviewing

Chapter Information

Chapter Board Leaders

President: Wesley Hogsett BSN, RN
President-Elect: Debra Day PMHNP-BC
Secretary: Barbara Gilmore PMH-NP-BC
Treasurer: Molly Faulkner PhD, PMHNP, LCSW

Chapter Board Members

Angela DelGrande PhD, PMHNP-BC, CNS
Maureen Kolomeir MBA, MSN, APRN, PMHNP-BC
Frances Kathleen Lopez-Bushnell APRN, EdD, MPH, MSN
Dawnelle Romero-Baca DNP, PMHNP-BC
Barbara Schwarz DNP
Jennifer Schneider PhD, PMHNP-BC

Chapter Involvement

If you are interested in attending a meeting or in becoming involved contact chaptersupport@apna.org.

<https://www.apna.org/chapters/new-mexico-chapter/>

<https://www.facebook.com/AmericanPsychiatricNursesAssociation>

<https://www.facebook.com/people/APNA-New-Mexico-Chapter/61560884826365/>

APNA Membership/Continuing Education

To learn more about APNA membership and continuing education opportunities, please visit our website at <http://www.apna.org>.

Already a member? Visit APNA Member Bridge for chapter updates and information.



American Psychiatric Nurses Association (APNA) New Mexico Chapter Conference 2024

August 17, 2024
8:00 AM-4:30 PM Mountain Time

Domenici Center for Health Sciences Education
1001 Stanford Dr. NE
Albuquerque, NM

DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

Disclosure

The conference planners and presenters have no conflicts of interest to disclose. Off-label uses will be discussed in this presentation.

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form; No partial credit will be awarded.

5.25 ANCC Nursing Continuing Professional Development (NCPD) contact hours available.

Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA New Mexico Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

Saturday, August 17, 2024

07:30-08:00: Check in and Registration/Continental Breakfast

08:00-08:15: Chapter President Address

08:15-10:15: Motivational Interviewing Workshop

10:15-10:30: Break

10:30-11:00: New Mexico Legislative Update*
**no contact hours will be provided for this presentation*

11:00-11:30: Poster Presentations

11:30-12:30: Lunch* /Mentoring Tables
**sponsored by UNM*

1230-1:30: Keynote Speaker- Collectively Connecting Care in Ourselves and the PMH Community

1:30-2:15: Concurrent Sessions

- Self-care for front line staff
- Self-care for providers

2:15-2:30: Break/Snacks

2:30-3:15: Concurrent Sessions

- Long acting injectables
- Ketamines/Esketamine

3:15-3:30: Break/Snacks

3:30-4:15: Concurrent Sessions

- Prenatal psychiatry
- Substance use disorders/Veterans

4:15-4:30: Closing Statements/Evals

Special thanks go to The University of New Mexico College of Nursing for sponsoring lunch. We also wish to thank The University of New Mexico Health Sciences Center for providing the conference space.

REGISTRATION

Early Bird (closes August 12, 2024)	Rate
APNA Member	\$130.00
Non-Member	\$160.00
Full-Time Student	\$70.00

***Early registration closes on August 12, 2024**

Regular registration (after August 12, 2024)	Rate
APNA Member	\$150.00
Non-Member	\$180.00
Full-Time Student	\$70.00

Register Now: <https://e-learning.apna.org/products/apna-new-mexico-chapter-conference-2024#tab-product-tab-overview>

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by August 14, 2024 to receive a refund minus a \$20 fee. No refunds will be issued after August 14, 2024.