

## Program

**Comprehensive Approaches to Addiction:** Addressing Substance Use, Behavioral Addictions, and Beyond in Psychiatric Nursing

**Conference Description:** Psychiatric mental health nurses and advanced practice providers will enhance their understanding of addiction through evidence-based strategies for prevention, treatment, and recovery, addressing substance use and other addictive behaviors in diverse clinical settings.

**Keynote Presentation:** *Addiction is a Chronic Disease*. Dr. Alexander Elswick, PhD is a dedicated substance use recovery advocate, educator, and researcher committed to improving the lives of individuals and families impacted by addiction. He serves as the Co-Founder and Executive Director of Voices of Hope, a nonprofit organization that supports people in recovery through peer support, education, and advocacy. As an Assistant Extension Professor at the University of Kentucky, Dr. Elswick focuses on evidence-based strategies to address substance use disorders and innovative approaches to recovery.

**Program Outcomes:** Participants will identify key interventions and strategies to address addiction and its impact on mental health, improving care outcomes for individuals with substance use and other addictive disorders.

## Chapter Information

### Chapter Leaders

President: Sarret Seng  
Secretary: Jennifer Smith

### Chapter Involvement

If you are interested in attending a meeting or in becoming involved contact Sarret Seng at SSE255@uky.edu.

[www.apna.org/kentucky](http://www.apna.org/kentucky)

### APNA Membership/Continuing Education

If you are interested in becoming a member of APNA or to view our continuing education, please visit our website at <http://www.apna.org>.

APNA and APNA Kentucky are jointly presenting

**Comprehensive Approaches to Addiction:** Addressing Substance Use, Behavioral Addictions, and Beyond in Psychiatric Nursing

March 14, 2025  
9am-4:30pm

The Campbell House  
1375 S Broadway  
Lexington, KY, 40504

For more information, contact  
[chaptersupport@apna.org](mailto:chaptersupport@apna.org)



## DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

### Disclosure

The presenters have no relevant financial relationships or off-label uses to disclose.

### Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

5 ANCC NCPD contact hours will be awarded.

### Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA Kentucky Chapter of any commercial products displayed in conjunction with this activity.

*The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*

## ACTIVITY AGENDA

Friday, March 14<sup>th</sup> 2025

8:30am - 9:00am	Registration
9:00am - 9:15am	Welcoming Address, <i>Sarret Seng, BA, BSN, RN</i>
9:15am - 10:15am	Addiction is a Disease, <i>Alexander Elswick, MS, PhD</i>
10:15am - 10:45am	Poster Session/Exhibit Hall
10:45am - 11:15am	Managing Electronic Addiction, <i>Elizabeth Cook, DNP, PMHNP-BC, APRN</i>
11:15am - 11:45am	Benzodiazepine Addiction, <i>Kathryn E. Brotzge, MSN, APRN-BC</i>
11:45am - 12:00pm	Break/Exhibit Hall
12:00pm - 1:00pm	Product Theatre Lunch
1:00pm - 2:00pm	Policy Solutions for the Opioid Crisis, <i>Patricia Freeman, RPh, PhD, FAPhA, FNAP</i>
2:00pm - 2:15pm	Break/Exhibit Hall
2:15pm - 3:15pm	KASPER Update, <i>Misty Rose, CHFS, OATS, DSSS</i>
3:15pm - 3:45pm	ChooseWell Communities, <i>Ruth (Topsy) Staten, PhD, APRN, PMHNP-BC</i>
3:45pm - 4:15pm	Using EmPATH to Improve Behavioral Health Outcomes, <i>Marc A. Woods, DNP, MSN, RN, NEA-BC &amp; Lindsey Jasinski, PhD, MHA</i>
4:15pm - 4:30pm	Conclusion

## REGISTRATION

APNA Member ID

First Name

Last Name

Address

City

State

Zip Code

Cell Phone

Email Address (required)

### Select Rate

Select (x)	Category	Rate
	APNA Member	\$30
	Non-Member	\$40
	Non-member student*	\$10
	Student APNA Member	Free

**\*Nonmember students can use code "KYSTUDENT" to receive discounted rates**

### Check Payment

Please make checks payable to "APNA Kentucky Chapter" and mail to:

**Chapter Support**

**APNA**

**3141 Fairview Park Drive, Ste 625  
Falls Church, VA 22042**

### Cancellation Policy

Notification of cancellation must be received in writing to [chaptersupport@apna.org](mailto:chaptersupport@apna.org) by March 7th, 2025 for a refund. No refunds will be issued after March 13<sup>th</sup>, 2025.